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Dr. Timothy R. Elliott and Dr. Barry A. Farber

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Drs. Elliott and Farber,

We are resubmitting our manuscript entitled “A Meta-Analysis of Expressive Writing on Positive Psychology Variables and Traumatic Stress” for publication at *Journal of Clinical Psychology.* We hope that, by delineating the extensive revisions this manuscript has undergone due to excellent feedback from *Clinical Psychology Review* and *Clinical Psychology: Science and Practice*, you will reconsider our manuscript for publication. The paper has undergone expansion to include more studies for a more comprehensive overview, as well as highlighting the most recent changes and updates to this field.

This meta-analysis examines the efficacy of expressive writing on posttraumatic stress (PTS), posttraumatic growth (PTG), and quality of life (QOL) using random effects models. Studies in this area revealed a small effect size for PTS and a negligible effect size for both QOL and PTG. However, when splitting the PTS studies by those requiring a diagnosis for participation (in line with recent literature suggesting that those with moderate symptoms of PTS benefit more), those studies requiring a PTSD diagnosis for participation exhibited a medium effect size, compared the small effect size in studies not requiring a diagnosis (subclinical symptomology). While our meta-analysis focuses on effect sizes of our outcome variables primarily, we also discuss issues regarding power, heterogeneity of solicited studies, group change across time, and publication bias. In addition, the manuscript has undergone a complete linguistic overhaul. In sum, we feel that our revised manuscript will provide the researcher with a cohesive overview of expressive writing and its efficacy related to PTS, PTG, and QOL, and your journal is an excellent outlet to reach that audience.

My co-authors and I have no industry affiliations, and we have no conflicts of interest to disclose. There is no overlap between the contents of this manuscript and any other published material or materials in press. Portions of the content of the manuscript were recently presented as a poster presentation to the Association for Behavior Analysis International, but this manuscript is not under review at any other journal. All authors have seen and approved this version of the manuscript. We understand that the copyright to the pertinent manuscript will be transferred to *Journal of Clinical Psychology.*

We very much appreciate your consideration of our revised manuscript. If there is anything else we can do to assist you regarding the extensive revisions made to this meta-analysis, please do not hesitate to contact me at the email address listed below.

Best,

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